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HINTS ON NEATNESS.

Quite Easy to Leep Things in Order With a Little (are-

The well-dressed woman is not always the one who buys many dresses, but rather the one who takes best care of the few gowns she possesses, setting always the stitch in time that not only saves nine but puts off the evil day of shabbi-ness, attends to the matter of ruching, and stays the loosening folds of drapery before they are really out of place. voluble speakers and writers on the exhaustless theme of woman's extravagance rarely strike at the real reat of It is not the costumes purchased, but the costumes carelessly ruined that constitute woman's real prodigality. A gown should never be hung away after wearing until brushed and examined as to low oned stitches, faithless books, and soiled ruching. The rip is sure to become a rent, the hook's office is performed with an unsightly pin, and the dress put on in haste on seme occasion when these defects are sure to be noticed by some observing eyes, usually a man's, for men are quick to percoive untidiness, and the woman takes a lower place in his regard.

The wearing of a gown, too, in need of slight repairs requiring but a short time for accomplishment frequently results in its ruin beyond the power of needle and thread to rectify, or at least render the mending so consplenous as to be incompatible with gentility. If dresses are in any degree elegant each should be hung away inside a bag of calico, which material does not lint and be frequently washed. The bags should be opened at the bottom, and closed with buttons and buttonholes after the dress is slipped inside and drawn up at the top with shir strings. If the dress is of white material a cake of white wax fastened inside the bag will prevent the goods turning yellow. If metal trimmings, gilt, silver or steel be employed, a bag of camphor gum suspended inside the bag prevents tarnishing. Seal or velvet garments are handsomer and richer if hung in a dark but roomy closet, where they will not be crushed. Closets should be aired each morning and their floors cleaned each week or garments kept in them will have a disagreeable odor. It is better, when convenient, to leave garments to air over night than to hang them directly in a close room when permeated with the warmth of the wearer. Whists of deficate dresses should permeated be folded in linen wrappings and laid in drawers or trunks; those of heavier material suspended on frames, the same as gentlemen's coats. Bonnets and hats wear longer when always placed in boxes than left unprotected upon closet shelves. And the secret of obtaining the most service as well as the most satisfaction out of shoes is to keep several pairs on hand all the time; never wait until the old shoes are too shabby to be were on rainy days and leng tramps before the new ones are purchased, and never wear rubbers over leather that you wish to keep in good order .-

CARE OF MATTING.

Never Use a Broom in Sweeping as It Will Tear the Strands In sweeping the protty and economical straw matting that is growing to be very popular with housekoopers during warm weather, do not use a broom, for it will tear the strawls in a short time. A long-hardled bristle brush, such as is used for oil-cloths, is the nicest and will remove the dust best, for the soft bristles can go into crevices that a broom would miss. Always, when possible, brush the matting the lengthwise of the grain and the strands of straw will not wear and break as quickly as though Riga, Mi.n., Gents: I now write to let you know that I have bandled mop, with cloth wrung out. handled mop, with cloth wrung out of clean, warm water rubbing the grain well ever the carpat, then leaving it until dry, when the grain is brushed hey have done for me. I have been roubled with dyapepsia for years. I commenced the use of your Eurolock Blood Bitters and they have brought me out all right. The use of three bottles conferred the great itemefit, for which I feel profoundly grateful, I will never be without it.

ani4 d ty WM H DELKER. off. This is claimed to be a therough the room has a pleasant home-like, ap-pearance that is very attractive. It is cheap, and if care is taken when putting it down that little cleavers, made especially for the puropse, are used in-stead of the ordinary carpet tacks, it can be easily taken upntany time when cleaning house, cleaned and put down. -Carpet Trade Review.

Mrs. Plunkey-I've got a levely new

maid just from Paris.

Mrs. Munkey(maliciously)-I thought

Your husband teld mine last night that he had begun taking French lessons from a private teacher.—Texas Sillings

-The amount of money that is obtained from apparently indifferent and immaterial businesses is sometimes very large. For instance, the value of the papers thrown away in some of the big stores is sufficient to pay a good many salaries. The managers of a large dry goods house in New York awoke to this fact when they learned that the man who had the contract for cleaning their establishment was rapidly acquiring a fortune by selling the waste materials found on the floors. He had undertaken to provide help and see that the place was cleaned nightly in return for the waste paper and paste-board boxes. It required very little attention, as the man had a foreman to see that the work was done properly. At the expiration of this contract it was not conewed and the house takes the profits.

-In a dry well recently found in an old house at Gilehe ter, England, were found a great number of iron implements. The principal specimen is a carpenter's plane of quite modern type, although unquestionably more than 8fteen hundred years old; three or four axes, retaining their fine-cutting edges and still quite serviceable; a number of chisels and goures of all shapes and sizes, hummers, mises, saws, files, etc.

MIGRATION OF BIRDS.

The Prompting Causes of Their Lengthy Flights.

Brehm, the distinguished German naturalist, who has so recently died, says love and hunger are the birds only guiding impulses. The statement is made, and is a very interesting one, that those that cross the Mediterranean sea in going from Africa to Europe follow certain fixed routes: First, by the Straits of Cibraltar; second, from Tunis to Sardinia and Corsica to the shores of the Gulf of Genoa; third, from Tripoli

by Malta and Sicily to Italy, etc. How were these lines of p learned? In the diluvial period, what is now the Mediterranean sea consisted of two large lakes, one of which wascut off the ocean by a broad strip of land where now are the Straits of Gibraltar, and which were separated from each other by a land dil - composed of Italy, Sicily, etc., which connected the two continents. The birds, as they increased in numbers, migrated by these routes in search of better breedingplaces, and as the lands sank they continued to follow them over gradually narrowing belts of land, over marshes and lagunes, and finally over broad waters, and yet no one generation was aware of any change. They carried with them the memory of their warm winter home, and on the approach of the European winter, when their food supply failed, returned to it with their

young.

If this explanation is the correct one, it is evident, says Forest and Stream, that we have failed in our efforts to introduce these migratory birds because we have attempted to reverse the process by which the habit of migration was acquired, and, in order to succeed, instead of turning them loose in the north, we must give the strangers, skylarks, nightingales, quail, etc., a suitable southern winter habitat (Floride, Louisiana, Mexico), frem which spring, food failing or driven by an in-herent tendency (as asserted by Prof. Baird), they may wander to some other locality suitable for raising their young, and to which, by virtue of memory thus acquired and finally inherited, they may return when feed fails them in their

summer home. If they wander in all directions from the winter home, there that go to the most favorable localities will most certainly survive and multiply, while none of them will be in such unfavorable conditions as those that may be turned loose in our Northern States. They will then, so far us we can arrange it for them, be best prepared for the struggle for enistence in this country, over the whole of which, if they find favorable conditions, we may expect them soon to spread, and thus repay us for our expenditure of effort and money. Dy imitating the processes of nature we shall make haste slowly, but we shall finally have our reward

GREEK MYTHOLOGY.

A School Where the Greekan Heroes Were Taught.

In the mountains of Greece there was a great cave, and in that cave lived a man who was half a horse. head and breast of a man, but a herse's body and legs. He was femed, writes Andrew Land in St. Nicholes, for knowing more about every thing than any one else in all Greece. He knew about the stars, and the plants of earth, which were good for medicine, and which were poisonous. He was the best preher with he bow, and the best player of the harp, he knew most songs and stories of old times, for he was the last of a people half-horse and half-man, had dwelt in ancient times on the hills. Therefore, the Kings in Greece cent their sons to him to be taught chooting, singing, and telling the truth, and that was all the teaching they had then, except that they learned to hunt, and fish, and fight, and throw spears, and toss the hammer and the stone. Many of the boys taught by Chiron became fa-Among them was Orphous, who played the harp so sweetly that wild beasts followed his minstrelsy, and even the trees denced after him, and settled where he stopped playing; and there was Mopsus, who could understand what s, the handsomest of men; and Tiphys, the best steersman of a ship; and Castor, with his brother Poly-douces, the boxer; and Heraeles, the strongest man in the whole world, was there; and Lynceus, whom they call Keen-eye, because he could see so and he could see the dead men in their graves under the earth; and there was Euphemus, so swift and light-footed that he could run upon the gray sea, and never wet his feet; and there were Calais and Zetes, the two sons of the North Wind, with golden wings upon their feet; and many others were there whose names it would be too long to They all grew up together in good friends, healthy, and the kills. brave, and strong.

CRADS' EYES AS MEDICINE.

They Are Used to Correct Acidity of the Stomach.

Crabs' eyes are employed to some entent as a remedy for acid stomacha. They are not actually the eyes of the erab, but simply small concretions of 1.me found in the stemachs of craylish at the time when they are about to cast their shell and make new ones. It is supposed, says the Chicago Times, that these concretions are designed by nature to provide material for the new shells. At all events, having been de-posited originally by enimals, they are there readily absorbed into the human system. Before being administered as medicine they are pulverized.

Oyster-shells are used in precisely the some way and for the same purpose, being prepared preliminarily by washing and pulverising. The pulverised shells are placed in solution in water, the heavier and coarser particles falling to the bottom. By pouring off the solution thus obtained and permitting it to preabitate such fine particles of lime as it still retains, an exceedingly refined deposit is at length secured. Cuttlefish boxes, from sepin fish of commerce-the same that are used for canary birds-are ground up and used in the same fashion and to cerve a like medical usefulness

AN EXTRAORDINARY RACE. The Plan by Which a Pig Could Be Made

to Outrup a Alorse. "The queerest race I ever heard of," said Major Wetherill in the Colonnade to a Philadelphia Press reporter, "was proposed at Devon inn a few years ago by one of the guesta an Italian pobleman. Count Montglas. A crowd of us were talking about horses one day on the veranda, and Montrilas offered to wager that he could successfully run any active pig in Chester County against any home there, and beat the horse, over a twenty-five yards course. As was natural, we roused at the idea, but the Count persisted that he could do so,

and then we supposed there was some eatch in the wager and nobody took it. "After awhile Montglas and I were left alone on the veranda, and he told me that he was sincere in the bet, and explained how it was that a pir could outrun a horse over twentyyards. Of course it takes a horse a long time to get under way, and it was on this alone that the Count placed his He would have the course decided upon, and over it would scatter a line of corn, at the end placing a big. double handful. Then he would release the pig, and the latter would start along, eating the corn as he went, un-til reaching the end, where he would find the double handful. Later on that day the process would be repeated and the pig would move hurriedly, eat along the senttered kernels, in an endeavor to reach the pile, twenty-five yards away. The next day considerably less corn would be scattered over the course, but the double handful would still be placed at the end. Within a week only a very few grains would mark the line to the empital prize, and on being re-leased the pig would start off at break-neck speed in his greediness to get the latter. "Well," continued the Major, "on the day of the race there would be no corn at all scattered on the course, but pirry would be souirming and wriggling to get off toward the pile. When all would be ready the word 'Go!' would be given; the pig would be freed, and away he'd start as if shot from a cannon. By the time the horse could get fairly under way the pig would be half over the course, just tearing himself almost apart to reach that handful of grain. You see, Mont-glan didn't count on the pig's legs, but on his appetite."

INDIAN WOOD-WORKERS.

the Filnt and Glass Tools of the Aztee Carpenters

"Aboriginal carpentry," says H. F. McLeod, of the Smithsonian Institute, "was the chief trade of our predecessors on this continent. The Indians and the mound builders had a very good idea of wood working. You will see even now some very pretty joining done by Sioux Indians. Their tent poles make a fit which many a white carpenter would not like to try to do better.

"The best carpenters, of course, were the Aztees, who had arrived at quite a high stage of art, and whose tools, al-though they knew nothing of steel, are really excellent. We have a few of their tools at the Smithsonian, but the best collection is, of course, in the City of Merrico. The material used was almost wholly glass, especially for the finer parts of their wood cutting. To chop trees they used fint axes, and for rough hewing out of logs the same, but when it came to the accurate fitting in of the hewn timber, they handled glass inives, chisch and saws very deftly and with beautiful results. There is a cenba beautiful results. There is a cenbra wood post in Washington with hierog'yphies and faces cut upon it, all with glass. You can see bits of the original chicel still sticking in a corner of the wood, where it broke off three centuries ago under the band of the workman. The Artees knew how to make a very good and manageable glass, and their best cutting blades, swords, daggers and spears, saws, chisels and axes were made of it. When the edge dulled they broke it from the end instead of sharpen-

ing it, and got a new cutting line. "You can see a great deal of aboriginal carpentry still in use among the Moqui Indians of the United States. Of course they use our tools now, but the birds say to each other, and there they follow out their old patterns. They know how to make ladders and they swing their doors on hinges from the top, and they know how to timbers, knew how long before Colum-bus landed in America. Of course they use our tools differently from our way The chisel they push rather than ham-raer, work the board up and down on a fixed saw, rather than the saw on the board, and withat they get creditable results. The frame work in the Pueblos is quite as honest as any thing we have in America."

PARODOKES OF SCIENCE.

Strange Conditions Which Exist in Compound Substances. The water which drowns us, a fluent

stream, can be walked upon as ice, says Blackwood's Magazine. The bullet which, when fired from a musket, carries death, will be harmless if ground to dust before being fire I. The cry stalized part of the oil of roses, so grateful in its fragrance—a solid at ordinary temperature, though readily volatile is a compound attention of information exactly the same elements and exactly the same proportions as the gas with which we light our streets. The tea which we daily drink with great benefit and pleasure, produces pulpitations, nervous tremblings and even paralysis, if taken in encess; yet the peculiar or-ganic agent called theins, to which tea owen its qualities, may be taken by itself (as theine, not as tea) without any appreciable effect. The water which will allay our burning thirst augments it when congealed into snow; so that is stated by emplorers of the Arctic regions that the natives "prefer enlar-ing the utmost entremity of thirst rather than attempt to remove it by eating move." Yet, if the snow be included it becomes drinkable water. Nevertheless, although if melted before it enters the mouth it assuages thirs. tille other water, when melted in the mouth it has the opposite effect. To render this paradox more striking, we have only to remember that ice, which melts more slowly in the mouth, is very efficient in allaying thirst.

USEFUL AND SUGGESTIVE

-Keep silver and nickel ornaments and mounts bright by rubbing with woolen cloths raturated with spirits of

-Angels' Pudding -Two ounces of flour, two ounces of sugar, two of butter, a pint of cream and the whites of three oggs. Bake in patty-pans, cover with leing, and serve without sauce. - Ladies' Home Journal.

-To take creases out of an engraving lay it face downward upon a sheet of smooth, unsized white paper, cover it with another sheet of the same, slightly dampel, and iron with a moderately wa m flat-iron.-N. Y. World.

-Mucilage of Gum Arabic.-To make a clear, almost odorless and permanent mucilage, Fr. neke neutralizes the free acid present in the gum with lime Instead of water he uses a mixture 30 per cent. Hime water and 80 per cent distilled water.

-A porcelain kettle is the best for preserving; too large a quantity should never be cooked at one time. Large fruits may be put in the sirup, cooked rapidly at first and then slowly, to proserves the shape; if the fruit is cooked, and the sirup yet thin, take up a piece at a time carefully, boil the sirup thick, return the fruit to it and cook plowly. -l umpkin Pie Without Errs. -Take

half a gallon of stewed pumpkin, one and a half oups of sugar, one cup of butter, three-fourths oup of sweet milk, and half a teacup of flour; season to taste. Add the butter, and sugar and milk while the pumpkin is hot, and the flour just before baking. Beat together well, and bake with one crust.-Yankee Blade.

Frizzled Beef.-Cut dried beef very thin. To every half pound allow a fa-ble poonful of butter, half pint of milk, and one tablespoonful of flour. Melt the butter in a frying-pan, add the beef. and stir over the fire five minutes; sprinkle in the flour, stir again, pour in the m.lk, season with pepper, stir until it boils, and serve immediately. -- Courier-Journal.

-Tea Discuit .- One quart of flour, before sifting, and three heaping tea-spoons baking powder, sift them togeth-er well; wet with nice rich milk until a soft dough, kneed as little as you can roll out less than half tuch and spread with one tablespoon butter and two of butter beaten together before making the dough; roll up and slice off the end, lay on tine and bake quick.-Boston Globe.

-An exchange in an article on diet for old people dwells on the importance of milk and says: "Give milk often and always warm. Never boil ft, but let it come nearly to a boiling point; by this means the cu d in the milk, not being so hard, assimilates more readily and gives heat," and explains that all hot things do not warm alike; the heat from tea does not remain long, but the heat from milk

-Lemon Pie, with Two Crusts .- Pulp and juice of one lemon, part of the grated rind, one cupful of cold water. one cupful of sugar, four small table-speonfuls of powdered crackers, one teaspoonful of unmelted butter cut Mix together all but the butter and scatter the bits over the top after it is in the lower crust. Place another good crust, with air holes, cut in some pretty design, and bake. Good House-

- Egg Neg.- One well-beaten egg, two tablespoonfuls of sugar, and a glass full of sweet, rich milk; mix all together thoroughly, and sprinkle with autmu-Good in summer complaints. The following will also be found useful for the same: Add one tablespoonful of canned or fresh blackborry juice and a tablespoonful of sugar to a glass of water; strain the jules before using, to avoid seeds. A tablespoonful of any kind of fruit juice, either fresh or canned, added to a glassful of slightly awordened water, makes a refreshing drink .- Housekeeper.

A MODERN PC ITIA.

Mile. Illessee is Now : Pull-Fledged Doctor of Law.

Mile. Bilcesco, a Roumanian girl, passed her examination before the Paris law faculty and is now a full-fledged L.L. D. Mile, Edcosco is very decided in her tastes, very bold when speaking of law and the rights of woman, lutpainfully timid when addressed on or-dinary subjects. She belongs to a good family, and came to l'aris with her mother in 1884, and after some hesitation on the part of the faculty was admitted to the law classes. Among her opponents was M. Colmet de Santerre, who afterward became her professor, and to-day he considers MHe. Bilcosco one of his most brilliant pupils.

Her law examination attracted as much attention as a first representation at any theater, and well it might, for Mile. Bilce-co is the first "doctore see endroit" of

She had the good sense to choose for her essay a subject that injured no one's sensibilities.— The Loral Condition of a Mother According to Roumanian Law and According to French Law."

A French lawyer tells no that the

ideas of this young girl are surprising in teoir elevation. Here are some of them: "Woman should have the right, not to intrude on man's province, but to show herself his equal in fulfilling the mission that is really hers. This mission consists, not only in perpetuating the race, but, above all, in training those who later will be men. Women, like man, forms parts of a civil or political s ciety-in other words, of a State. deed, weman is not less than man interested in the fermation of laws, in the government of pullic affairs, in the administration of justice. We think often it does not become her to be a direct participant, but she has for representatives father, brother, hu d and and son."

Mile. Bileesco concluded by asking that, with reference to the child, a mother have the same rights as are now enjoyed by the father.

When questioned Mile. Bleesco answered without hesitation, and in the discussions she used the arguments necessary to balls ber opponents,-N. Y.

LEMON ELIXIP

Pleasant, Elegant, Belle For biliousn as and constipution, taken Lemon Elixir.

For fevers, chills and malaria, tean Lemon Elixir. For sleeplessness, nervousness and palpitation of the heart, take Lemon Elixir.

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ike Lemon Elixir.
Ladies, for natural and thorough or ganic regulation, take Lemon Elizir will not fail you in any of the above-named diseases, all of which arise trom a torpid or diseased liver, stomach, kidreys or

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Liectric Bitters.

This remedy is becoming so well known and so popular as to need no special mention. All who have used the terior Bitters sing the same song of praise—A purer medicine does not exist praise—A purer medicine does not exist and it is guaranteed to do all that is el timed. Electric Bitters will oure all ci-cases of the Liver and kidneys, will remove Pimples, Boils, Salt Rheum and other affections caused by impure blood.—Will drive Malaria from the system and prevert as well as cure Malaria fevers.—For cure of Headache, Constipation and indigestion by Electric Bitters—Entire matisfication guaranteed, or money refunded.—Price 50 cents, and 51 per bottly at Budwell, Christian & lythee's drug store

A Wonder Worker.

Mr. Frank Huffman, a young man of Builington, Ohio, states that he had be a under the care of two prominent physicians, and used their treatment until he was n t able to get around. They pronoune d his case to be Consumption and incurable. He was perstanded to try Dr. King's New Discovery for C assumption, Coughs and Colds, and at that time was not able to walk soross the stie t without resting. He found, before he had used half of a dollar bottle, that he was much better; he continued to use it and is to-day enjoying good health. If you have any throat, lung or the, ttrouble; try it. We guarantee satisfaction. Trial bottle free at antee satisfaction. Trial bottle free at Budwell, Christian & Barbee's drug

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But we will cure you if you will pay as. Nervous and Debilitated, suffering from Nervous Pebility, Seminal Weakness, and all the effects of early evaluabits, or later indiscretions, which lead to Premature Decay, Consumption or Insanity, should send for and read the "Book of Live," giving particulars of a home c ire. Sent (scaled) by addressing Dr Parker's Medical and Surgical Institute, 151 Me th Spruce street. Nashville, Tenn. They grarantee a cure or no pay.—The Sunday Morning.

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TIME TABLE. IN EFFECT AUG. 5, 1890.
IS WEST.
Mixed.
TRAINS EAST.
Mixed. Mixed. Pass. TRAINS WEST. Pass. Mixed. No. 1. No. 3. 8 15 2 35 Lv. Bristol. Ar. 11 40 8 00 8 33 2 52 *Walker's Mt. 11 25 5 42 Banham's. 11 16 5 35

9 00 3 20 "Abram's Palls. 11 00 5 15 tendota. Mace Spring. 10 38 4 50 1'0 31 4 40 10 13 4 30 10 0 6 4 23= 9 35 3 55 Nottingham. *Moccasin Gap. 10 00 4 17 10 08 1 27 10 15 4 35 10 00 6 17 -9 50 6 08 -9 41 (49 -9 30 3 10 -9 23 3 4 10 08 1 27 Marble Quarry.
10 10 4 3 5 Spear's Ferry.
10 32 4 50 Clinchport.
10 40 5 00 Natural Tannel. "Horton Summit. Duffield. 10 50 5 10 11 00 5 17 *Wiseley's. Ward's Mills. 9 00 3 16 8 52 3 10 8 45 3 02 11 11 5 31 Ward's MHs. 5 45 3 03 11 25 5 42 *Wildest Summit. 8 31 2 50 11 38 5 55 FEast Rig Stone Gap. 3 17 2 37 11 45 6 05 Ar. B. S. Gap. Lv. 8 10 2 30 a. m p. m.

* Trains do not ston, except to leave passengers, or on signal. H. W. BATES,

Vice-president and General Managor GEO. H. GRAVES, Superintenders!

MINERAL LAND.

I offer for sale 201 acres of Coal and by of Virginia aleven miles from Roam-ore. The outlook for great develop-ments on one property is splendid. The ore is a vein or soft brown hematite 38 ley of Virginia ore is a vein of soft brown hematite 35 feet wide and assaying 50 per cent, metallic fron. And the coal prospects are fine—two shafts having been sunk, one 20 and the other 25 feet, through solid coal slate. The property also contains a mineral spring, which the analysis of Lehmann & Mager proved to possess remarkable curative powers for all kidney troubles, especially for diabetes. The enormous quantity of coal and ore that will be required for the large number of furnaces and other industrial plants is course of construct on in Southwest Vicetinia will greatly increase the already-large demand for these minerals, and consequently enhance the value of such consequently enhance the value of such large demand for these minerals, and consequently enhance the value of such property. Two railroads have been survey dinear the property, one of which the Roanoke and Craig railroad, and the other, the Virginia Western railroad, will afford valuable consections. Fuller information can be had by addressing H. ROSENHEIM, 413 W. Baltimere St. Railmore, Md. Baltimore, Md.